



Sackville Heights Elementary

October 2024

Principal: Ms. Rachael Webster
Vice Principal: Ms. Lisa Gray

Admin Assistant: Mrs. Holly Pelley
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Principal's Message

We have had a wonderful and smooth start to the school year! The students have settled in nicely in their new classes and are enjoying being back with their friends. The breakfast program continues to be a huge hit with lots of happy children enjoying our healthy options. We are looking forward to the start of the School Lunch Program later in October. For more information on this program, visit: <https://nslunch.ca/>

We would like to thank all families for a great start to school. Our Drop and Go is moving smoothly and most of our busses are now arriving and leaving on time. With the change in start time this year, we are still noticing many students being dropped off late for school. **We ask that students are dropped off between 8:00 and 8:15**, which allows them to be present for instruction as we begin teaching at 8:20 am.

We are also excited to share that our school website has a new look. We will be continuing to add additional information in the coming days.

Rachael and Lisa

Drop and Go

We would like to thank families for doing such a great job in the Drop and Go! Thank you for having your children ready to hop out. Thank you for not passing other cars and for having lots of patience. We really appreciate starting our day off so positively!

SAC (School Advisory Council)

We held our first SAC meeting on September 17th. Jane Harley is our SAC Chair person, she can be reached by emailing hrce-sac-shes@gnsps.ca. Our next meeting will be on October 22nd at 5:30pm. We still have two openings on the committee for community members. For more information on the role of the SAC, our Bylaws and Agreements please visit our website.

From Your PTO (Parent/Teacher Association)

Save The Date! SHES is having a Bingo Night on Thursday October 24th. This is a popular event and is first come, first serve for tickets. Order forms will be sent home by paper as well as electronically on Thursday. Thanks to everyone who came out to our September meeting. Our next meeting is on Tuesday October 22nd at 6:30pm. We look forward to seeing you there. To contact the PTO please email sackvilleheights.pto@gmail.com.

School Pictures School

Pictures will be taken on Monday, Oct. 7th for all students in P-2 classes, and Tuesday, October 8th for students in 3-5 classes.

Dressing for the Weather

At SHES we try to get our students outside as much as possible. They are outside for a minimum of 45 minutes per day (recess and lunch). That means that students need to be dressed for fall, (chilly), winter (cold and snowy) and spring (wet and muddy). Having some spare socks or mittens in the bottom of their backpacks is also a good idea.

Lost and Found

The Lost and Found seems to always be full. Parents are welcome to come into the building and go through the Lost and Found to search for missing items. Just ring the doorbell when you arrive and let us know that you are here to take a look.



Reminders

- Oct. 7/8 Picture Days
- Oct. 8 SAC Meeting at 5:30 pm
PSA Meeting at 6:30pm
- Oct. 9 Veggie Box
Pick up 6-7:30
- Oct. 11 PD Day
No School for Students
- Oct. 14 Thanksgiving
Day Holiday
No School for Students
- Oct. 24 PTO Bingo
- Oct. 25 Conference
Day
No School for Students
- Oct. 28-31 Grade 5
Pumpkin Raffle

School Bus Safety Week

October 21-25, 2024 is School Bus Safety Week in Nova Scotia! Did you know that more than 30,000 HRCE students ride the school bus every day? School Bus Safety Week is a great time to remind students, families and schools of a few daily safety tips that everyone can follow to ensure all students get to school safely.

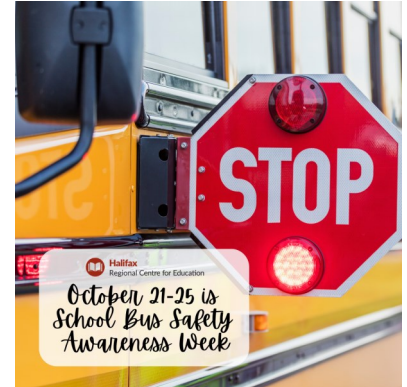
Bus Stop Safety

- Be on time for the bus and please don't run to/from the bus.
- Stand back off the road and don't push or shove when waiting at a stop.
- Always cross in front of the bus. Walk three metres (10 feet) in front of the bus to a point where you can see the driver and wait for the driver's signal to cross. Proceed to the centre of the road, STOP, LOOK & LISTEN and cross the road when it is safe.
- Never crawl under a school bus or cross the road behind the bus.
- Know the danger zones around the bus.

School Bus Safety

- Please respect and listen to the driver and avoid distracting them.
- Please keep noise levels to a minimum.
- Do not stand or move seats while the bus is in motion.
- Never put your hands, arms, feet or head out of the bus window.
- Ask the driver for permission before you open the bus windows.
- Do not throw anything inside the bus or out of the windows.
- Keep the aisle clear at all times when the bus is in motion.

You can find out more information about School Bus Safety Week, including more safety tips, [here](#).



What is SchoolsPlus?

SchoolsPlus is a confidential, free service available in every school in Nova Scotia. Our goal is to build positive relationships between families, schools, and communities. We can help families navigate complicated situations when they are involved with many different services. This helps ensure everyone is communicating clearly and working on shared goals. SchoolsPlus can also help connect families to community resources and offers mental health support in schools. Contact the SchoolsPlus Facilitator for your school to make a referral. You can find additional information [here](#).



Reminder: No classes Oct. 11 & 25

Please note that there will be no classes for grades PP-12 on Friday, October 11 for professional development, Monday, October 14 for Thanksgiving and Friday, October 25 for NSTU Conference Day. These and all important dates can be found in the [HRCE calendar](#).

