



Sackville Heights Elementary

March 2024

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Sackville Heights

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Reminders

- March 11-15 March Break
- March 18 Assessment & Evaluation Day: no school for students
- March 20-28 Book Fair
- March 28 Report Card Day
- Mar. 29 Good Friday No School for Students
- April 1 Easter Monday: no School
- April 4 PD Morning & Parent / Teacher Afternoon: no school for students

Principal's Message

February was an exciting month with a lot going on here at Sackville Heights Elementary. Throughout the school year we enjoy learning about and celebrating the contributions of African Nova Scotians. During the month of February, African Heritage Month, we enjoyed exploring this year's theme of "Our Smiles, Our Joy, Our Resilience as African Nova Scotians." We also celebrated Valentine's Day and had pancake day for the whole school.

We learned about William Hall who was the Honouree of Heritage Day this year. We learned about his distinguished Military career.

The PTO dance was a success. Thanks to our PTO and all those volunteers who helped with the set-up and take down. Many hands truly make light work.

We also had some winter storm days and lots of mixed weather. We have embraced it all! We continue to get outside every day, so keep sending your children with lots of warm and extra clothes in case they get wet. We are glad that March is finally here and we hope to see some signs of spring soon.

Rachael and Lisa

March is Nutrition Month

Did you know? March is Nutrition Month! This is a great time to explore and learn about food. An important part of this is food literacy, which includes having the knowledge and skills to grow, choose, prepare, and talk about food.

Some ways to engage your family during Nutrition Month:

- Get kids involved in meal planning. Ask them to help choose recipes, write out grocery lists and explore grocery store flyers.
- Make cooking a family event! Kids can participate in age-appropriate tasks, such as measuring ingredients or setting the table.
- Enjoy meals together when you are able. Mealtimes can be a great time to connect in conversation.
- Start planning for an indoor or outdoor garden. This is a great way to explore where our food comes from.

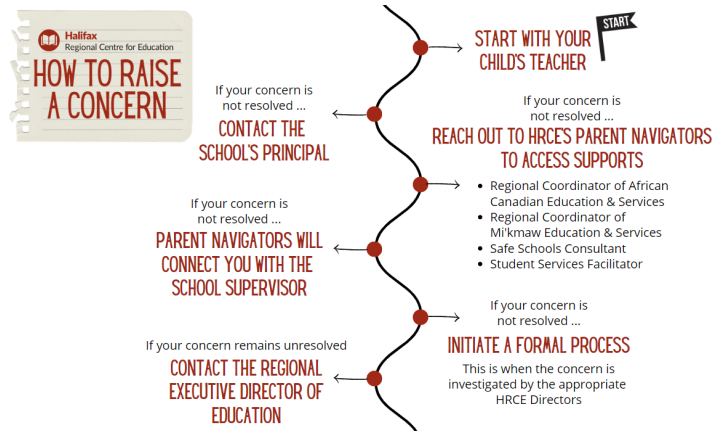
Report Cards

Term 2 Report Cards will be going home on Thursday March 28. Parent/Teacher Meetings along with student led conferences will be held the following week, Thursday April 4th. There will be **No School** for Students on **April 4th**. Book Fair will be open the night of the 4th for families.

March Break

Reminder that March Break is March 11-15 and all classes will be canceled. **For Elementary and Junior high:** Please note that Monday, March 18 is an Assessment & Evaluation Day. Classes will resume on March 19.





Looking for some March Break fun?

There are all kinds of wonderful things to do if you happen to be staying here for March Break. Here is a website that has lots of ideas for families who want to keep busy.

<https://www.familyfuncanada.com/halifax/category/march-break/>



PTO

After the unfortunate cancellation last year, we are thrilled to announce the return of our **SHES FAMILY FUN DAY** Saturday, May 25th, from 1 pm to 4 pm. This year, our enthusiasm knows no bounds!

However, we can't make this event a success without your support. We are seeking volunteers to help secure sponsors, manage activity stations (such as games and ticket sales), contribute to event planning, and ensure smooth execution on the day. Whether you can commit a little or a lot of time, your participation is invaluable!

Committee meetings will commence in March to kickstart our preparations. Don't hesitate to reach out and get involved now! Together, let's make this year's Family Fun Day unforgettable.

Other Important Dates:

March 7—Cotton Candy order forms due



**Volunteers are needed for
SHES Family Fun Day**

Sat. May 25th, 1-4pm

Support the school, your community and have some fun!

Please email to join the committee:
sackvilleheights.pto@gmail.com

